

## **University of Southern Queensland**

**USQ HREC Approval number:** H21REA142

## Calling all Australian paramedics for an exciting research opportunity

(interns, experienced paramedics, retired officers)

The University of Southern Queensland (USQ) invites Australian paramedics to participate in a longitudinal research project for a Doctor of Philosophy program entitled:

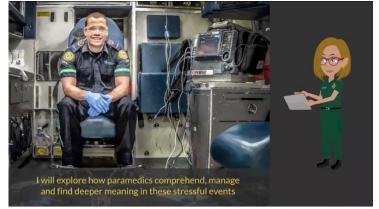
'Personal characteristics that relate to posttraumatic growth (PTG) in Australian paramedics'

The Chief Investigator for this project is an Australian paramedic with 22 years experience

Paramedics experience high trauma exposure to critical incidents (CIs) which may affect psychological well-being and lead to posttraumatic stress (PTS) symptoms (Shakespeare-Finch et al., 2002).

However, it is also possible to experience positive transformative change after CIs (Tedeschi & Calhoun, 2004).





This an exciting research opportunity to explore how paramedics comprehend, manage and find deeper meaning in stressful events. Benefits from this research will be significant for the field of PTG and paramedicine. Outcomes may help identify paramedics at risk of posttraumatic stress and to retain paramedics in the work place. This research will be beneficial to paramedics, organisations and the communities they serve.

You are invited to complete online questionnaires, 5 times (6 weeks apart, over 30 weeks). After the final questionnaire, you can enter into a prize draw for a chance to win a portable pulse oximeter. Some participants will have the opportunity to be involved in a qualitative interview relating to your experience as a paramedic. If you participate in an interview you can enter into a prize draw for a 3M Littmann Cardiology IV Stethoscope. This study will be trialling audio diaries between questionnaires.

Please watch the following brief 1 minute visual presentation: International Finalist of the 2021 Visualise Your Thesis competition (USQ 1st place winner) https://youtu.be/WgkAJikzals

To begin the first questionnaire, and download the participant information sheet, please click on the following link or use the QR code (available until 28/02/2022): https://redcap.usq.edu.au/surveys/?s=EERCXDYYNL

## Chief Investigator

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